

## **Activity: *Colon Cancer Diagnosis Testimonial Video***

**Objective:** Provide testimonials to enhance discussions about a cancer diagnosis and how to provide comfort and support.

**Helpful Materials:** Trainer's CD, Laptop computer or DVD player.

**Note:** This activity was adapted from the *Understanding Cancer Activity Guide* by Dr. Melany Cueva from the Alaska Native Tribal Health Consortium.

**Directions:** Play the *Colon Cancer Diagnosis Video*. Sit down with the participants and ask the discussion questions below.

### **Discussion questions:**

- What different reactions to a cancer diagnosis did you see in the video?
- Who was affected by the diagnosis?
- How have others provided comfort and support to you during difficult times?
- What do you think you could do to provide support and comfort to someone diagnosed with cancer and/or their family?