

## **Cancer Risk Factor Checklist**

**Objective:** To have participants identify their own cancer risk factors.

**Helpful Materials:** One copy of the Cancer Risk Factor Checklist for each participant.

**Directions:** Facilitators should hand out the Cancer Risk Factor Checklist to all participants. The Cancer Risk Factor Checklist can also be found at the end of the *Cancer Prevention & Self-Care* module. The handout will not be collected but rather will serve as a tool to help participants identify their own cancer risks factors.